

HLC APM

SIMPLE HARMONIC MOTION.

KINEMATICS

SIMPLE HARMONIC MOTION
(SHM)

ACCELERATED LINEAR MOTION.
(ALM)

DESCRIPTIONS

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- Repeated bounded periodic motion of a particle about a mean position.

- Particle moving in one direction never returning to the same point in space.

- A particle performing SHM moves so that its acceleration is proportional to its displacement from a fixed point 0 and is directed towards 0.

- Particle moving so that its acceleration is constant.

$$a = -\omega^2 x$$

$$a = \text{CONSTANT.}$$

x is DISPLACEMENT from a mean position, ω a constant.

- A particle is performing SHM if its displacement, x, satisfies

- A particle is performing ALM whose displacement, x, from origin satisfies

$$\frac{d^2 x}{dt^2} = -\omega^2 x$$

$$\frac{d^2 x}{dt^2} = a, \text{ constant.}$$

Solving [see Appendix 1] leads to

Solving [see Appendix 2] leads to

$$x = A \sin \omega t \quad \left[\begin{array}{l} \text{Bounded} \\ \text{periodic} \end{array} \right]$$

[or $x = A \cos \omega t$]

$$x = ut + \frac{1}{2} at^2 \quad \left[\begin{array}{l} \text{Not} \\ \text{Bounded} \end{array} \right]$$

$$v^2 = \omega^2 (A^2 - x^2)$$

$$v^2 = u^2 + 2ax$$

$$T = \frac{2\pi}{\omega}$$

No equivalent.

ω, A constants

u, a constants

EXAMPLES - Elephant, Springs, Vibraslap, Quac, pen and paper.